

# EXHIBIT Z

## **Certificate for Work Restrictions**

### **North Country Family Health & Med P.C.**

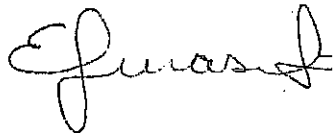
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Kristy Pflug has been under my care from 08/2011 to present time for multiple concerns. Patient was diagnosed with Transverse Myelitis resulting in Headaches.. Anxiety causing worsening headaches secondary to work related mandated hours. Prognosis is good if treatment policy of limiting work schedule and counseling is followed. Duration is estimated to be 6 - 12 mos

Restrictions: Limited work schedule to her normally scheduled hours

Provider: Dr. Erika Jurasits

Date: 11/17/2012



rec'd  
Hamilton  
11-17-12

SC-416